

CONSCIOUSNESS (AND) COACHING®

AS A NEW WAY OF LIVING

In celebration of their 5th birthday, CCI are giving one lucky *Complete Yoga* reader a seat on their upcoming Master I training in either Johannesburg or Cape Town worth R7 499.95 as well as a free Master I DVD set worth R1 490.00, containing 9 DVDs!

Consciousness is the human operating system within which we think, feel and act. Understanding and developing your ability to operate your consciousnesses is the best way to become the creator of your life as you choose to live it. *The Secret* spoke of the universal law of attraction and had us repeating "one million dollars, one million dollars, one million dollars" for hours on end....

The Master I – The Awareness Process™ is a 4-day transformational process that will result in a deeper

understanding of the universal laws within which we live and introduce you to tools that will support you in operating your consciousness far more effectively. It is the foundation training for the Consciousness Coaching® curriculum and starts you on a path to increased awareness, freedom of choice, passion, self-expression, clarity of purpose and the development of your personal power through integrity and the power of your word.

Coaching is now a well established practice globally that has advanced the skills of leaders, managers and individuals as it looks to ask questions that provide organic insights, rather than look for solutions. It was Einstein who said "The significant problems we have cannot be changed by the same



complete yoga COMPETITION

level of thinking that created them."

Consciousness (and) Coaching® is easily adopted by graduates as a New Way of Living, whether it is your desire to become a Consciousness Coach® or to be living consciously with passion and heartfelt commitment to your purpose in life. Stretching out of the comfort zone, sharing your heart with others and being in action of your dream is a completely inspiring way to live.

*Be Aware – Choose Consciously
– Create Action – Enjoy Success.*

For more information see pg 57 or visit www.cci-portal.com

UPCOMING MASTER I – THE AWARENESS PROCESS™ TRAINING DAYS

- 11 – 14 Feb 2010: JHB, BLANDFORD MANOR, NORTH RIDING
- 18 – 21 Feb 2010: CAPE TOWN, LAGOON BEACH, MILNERTON

Marc Steinberg, creator of Consciousness Coaching®, is part of the training team on the first two days of the Master I, as a show of commitment to his vision of "Creating a Revolution in Consciousness and Making Love a Worldwide Reality".

Special offer for *Complete Yoga* readers: R5 999.95 incl. VAT: valid until 10 January 2010. Call CCI on (021) 551 0146 or email susan@cci-portal.com to register and start a new way of living today.



TO ENTER: To stand the chance of winning a seat on the Master I – The Awareness Process™ in either Johannesburg or Cape Town worth R7 499.95 as well as a free Master I DVD set, email your name and contact details through to competitions@completeyoga.co.za with "Consciousness Coaching®" written in the subject line before 15 January 2010.

